



new life fellowship

**Sermon Title: Understanding and Following Your Heart**

**Speaker: Rich Villodas, Lead Pastor**

**Scriptures: Phillipians 2:12-13**

“Dear friends, you always followed my instructions when I was with you. And now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.”

*Phillipians 2:12-13 NLT*

**Sermon Outline:**

1. Discernment - so important!
2. We must learn how to listen to our hearts for the sake of discerning God's will.
3. God is working in you to will and do according to His will.
4. You have a new heart! Therefore, you can learn how to discern God's will by listening to your heart's desires (that have been redeemed!).
5. Discerning of spirits.
6. Consolations and desolations.

**Sermon Summary:**

This Sunday Pastor Rich continues the series on Discernment, today focusing on the nature and goodness of the heart in the role of discerning God's will.

**Sermon Questions:**

What words or phrases from this scripture passage resonated in you as you read them? Why?

- How does this scripture connect for you the topic that was discussed today? How so?
- How has your family of origin made it easy or difficult for you to discern the movement of your heart? How do you think that continues to shape your life today?
- What is a pressing question you have before you this year that needs discernment?
- How is God inviting you to “live out” your salvation in light of what God is calling you to?
- What (holy, good) desires in your heart, longings in your heart that God is in? What is He calling you to?
- What brings you inner peace and joy (consolations)? What doesn't (desolations)? How is God coming to you through this?