



new life fellowship

Sermon Title: **The Grand Examen: Locating God's Presence in 2017**

Speaker: **Rich Villodas, Lead Pastor**

Scripture: **Lamentation 3:40**

“Let us examine our ways and test them, and let us return to the LORD.”

Lamentations 3:40

Sermon Outline:

I. Illustration: Speed - the movie.

- Some believe that if they don't live in a fast pace, something wrong will happen.

II. We are invited to reflect, examining our intentions, actions and reactions.

III. The Examen prayer: Reflecting on your past.

Sermon Summary:

This Sunday Pastor Rich leads the congregation through a time of personal reflection using the Examen prayer. How is God coming to you through this reflection?

Sermon Questions:

1. What words or phrases from this scripture passage resonated in you as you read them? Why?
2. What is one practical step you sense God calling you to take in light of this message and/or scripture passage?
3. Have you've been reflecting on your life? How is God coming to you through your self-examination?
4. What is the difference between “looking back” regrettably and redemptively?
5. When you hear that God knows how to bring good out of our past, how do you feel? What are your feelings teaching you about you?
6. What are some ways in which God was actively present in your life this year? What did you learn from this?
7. How are some ways you can use the Examen prayer in your life more often?